

## **Society of DBT recognised relevant core professions**

- Arts Therapists – HCPC Registered
- Counselling – Accredited with the BACP, IACP, COSCA, or FDAP (NCAC), or Registered Member CPC
- Medicine – Psychiatrist or General Practitioner, MBChB or MBBS, and usually PG training with membership of MRCGP, MRCP or MRCPsych
- Occupational Therapy – BSc (Hons) Occupational Therapy, MSc Occupational Therapy, or Dip C.O.T and HCPC Registered
- Probation Services – DipPS
- Psychology – 1st degree plus a post-graduate qualification (MSc or Doctorate) in an applied area such as clinical, counselling, educational, forensic, health psychology. HCPC Registered as Practitioner Psychologist (HCPC registration alone insufficient)
- Psychotherapy / Psychotherapeutic Counselling with UKCP Registration
- Registered Nurse – Registered with the Nursing & Midwifery Council
- Social Work – CQSW, DipSW or BA/BSc Hons Social Work
- Teacher of Special Education / Needs – CertEd, B. Ed, or BA/BSc with PGCE, plus additional specialist training in Special Education, with additional counselling / psychotherapy training