

Professor Martin Bohus

Martin Bohus received his specialty in Psychiatry and in Psychosomatic Medicine. Since 2003 he has held the Chair of Psychosomatic Medicine and Psychotherapy at Heidelberg University and is Scientific Director at the Central Institute of Mental Health in Mannheim. He holds a visiting professorship at the University of Antwerp and Harvard Medical School. He has received several awards for psychotherapy research. He is past president of the European Society for the Studies of Personality Disorders (ESSPD) and is president of the German Association for DBT. He was president and initiator of the 1st International Congress on Borderline Personality Disorder in Berlin in 2010. He has currently published more than 300 articles and book chapters, mainly on mechanisms of psychotherapy, borderline personality disorders, and PTSD.

Some recent papers include:

- Bohus, M., Schmahl, C., Fydrich, T., Steil, R., Müller-Engelmann, M., Herzog, J., ... & Priebe, K. (2019). A research programme to evaluate DBT-PTSD, a modular treatment approach for Complex PTSD after childhood abuse. *Borderline personality disorder and emotion dysregulation*, 6(1), 1-16
- Bohus, M., Kleindienst, N., Hahn, C., Müller-Engelmann, M., Ludäscher, P., Steil, R., ... & Priebe, K. (2020). Dialectical behavior therapy for posttraumatic stress disorder (DBT-PTSD) compared with cognitive processing therapy (CPT) in complex presentations of PTSD in women survivors of childhood abuse: a randomized clinical trial. *JAMA psychiatry*, 77(12), 1235-1245.
- Görg, N., Böhnke, J. R., Priebe, K., Rausch, S., Wekenmann, S., Ludäscher, P., ... & Kleindienst, N. (2019). Changes in trauma-related emotions following treatment with dialectical behavior therapy for posttraumatic stress disorder after childhood abuse. *Journal of traumatic stress*, 32(5), 764-773.
- Kleindienst, N., Steil, R., Priebe, K., Müller-Engelmann, M., Biermann, M., Fydrich, T., ... & Bohus, M. (2021). Treating adults with a dual diagnosis of borderline personality disorder and posttraumatic stress disorder related to childhood abuse: Results from a randomized clinical trial. *Journal of Consulting and Clinical Psychology*, 89(11), 925.
- Zeitler, M. L., Bohus, M., Kleindienst, N., Knies, R., Ostermann, M., Schmahl, C., & Lyssenko, L. (2020). How to assess recovery in borderline personality disorder: psychosocial functioning and satisfaction with life in a sample of former DBT study patients. *Journal of personality disorders*, 34(3), 289-307.