

Professor Melanie Harned:

Melanie is a Psychologist and the Coordinator of the DBT Program at the VA Puget Sound Health Care System as well as an Associate Professor in the Department of Psychiatry and Behavioral Sciences and Adjunct Associate Professor in the Department of Psychology at the University of Washington. She previously worked as the Research Director of Dr. Marsha Linehan's Behavioral Research and Therapy Clinics at the University of Washington (2006-2018), Director of Research and Development for Behavioral Tech, LLC (2014-2017), and Director of Behavioral Tech Research, Inc. (2013-2016). Her research focuses on the development and evaluation of the [DBT Prolonged Exposure](#) protocol for PTSD as well as methods of disseminating and implementing this and other evidence-based treatments into clinical practice. I regularly provide training and consultation nationally and internationally in DBT and DBT PE and have published numerous articles and book chapters on these treatments. Melanie has been instrumental in the development and dissemination of the ACES adherence/fidelity rating scale.

Her manual for DBT-PE was recently published: Harned, M. S. (2022). *Treating trauma in dialectical behavior therapy: The DBT prolonged exposure protocol (DBT PE)*. Guilford Publications.

Some recent papers include:

Harned, M. S., Schmidt, S. C., Korslund, K. E., & Gallop, R. J. (2021). Does adding the Dialectical Behavior Therapy Prolonged Exposure (DBT PE) protocol for PTSD to DBT improve outcomes in public mental health settings? A pilot nonrandomized effectiveness trial with benchmarking. *Behavior therapy, 52*(3), 639-655.

Harned, M. S., Wilks, C. R., Schmidt, S. C., & Coyle, T. N. (2018). Improving functional outcomes in women with borderline personality disorder and PTSD by changing PTSD severity and post-traumatic cognitions. *Behaviour research and therapy, 103*, 53-61.

Harned, M. S., Gallop, R. J., & Valenstein-Mah, H. R. (2018). What changes when? The course of improvement during a stage-based treatment for suicidal and self-injuring women with borderline personality disorder and PTSD. *Psychotherapy research, 28*(5), 761-775.

Harned, M. S., Korslund, K. E., Schmidt, S. C., & Gallop, R. J. (2021). The Dialectical Behavior Therapy Adherence Coding Scale (DBT ACS): Psychometric properties. *Psychological assessment, 33*(6), 552.

Harned, M. S., Schmidt, S. C., Korslund, K. E., & Gallop, R. J. (2023). Development and Evaluation of a Pragmatic Measure of Adherence to Dialectical Behavior Therapy: The DBT Adherence Checklist for Individual Therapy. *Administration and Policy in Mental Health and Mental Health Services Research, 1-16*.