



## SFDBT (VIRTUAL) CONFERENCE SCHEDULE 2023

### Thursday 12th October

Time				
08:45	Arrival (zoom link opened)			
09:00-09:30	<b>Welcome – Presidential Address</b> – Professor Michaela Swales			
09:30-11:00	<b>Keynote:</b> Dialectical behavior therapy for posttraumatic stress disorder related to childhood sexual abuse - Professor Martin Bohus			
11:00-11:30	<b>BREAK (SIG breakout rooms for chat)</b>			
11:30-12:30	<b>Parallel Sessions</b> (you select on the day)			
	<b>Session A</b>  <b>Masterclass: Radical Acceptance</b>	<b>Session B</b>  <b>Mindfulness and Trauma</b>	<b>Session C</b>  <b>Building a life worth living after trauma: the lived experience</b>	<b>Session D</b>  <b>Compassionate Imagery in DBT</b>
12:30-13:00	<b>Board of Accreditation:</b> Getting Programme Accreditation			
12:30-13:15	Lunch			
13:15-14:15	<b>Parallel Sessions</b> (an opportunity to attend a different workshop from the morning)			
	<b>Session A</b>  <b>Masterclass: Radical Acceptance</b>	<b>Session B</b>  <b>Mindfulness and Trauma</b>	<b>Session C</b>  <b>Building a life worth living after trauma: the lived experience</b>	<b>Session D</b>  <b>Compassionate Imagery in DBT</b>
14:15-15:00	<b>Research posters (visit breakout rooms) and break</b>			
15:00-16:30	<b>Keynote:</b> Treating Trauma in DBT: The DBT Prolonged Exposure Protocol Professor Melanie Harned			
16:30-16:45	<b>Closing remarks:</b> Dr Emily Fox, Chair of SfDBT			
17:00	<b>AGM:</b> Chair Dr Emily Fox (a separate zoom link will be sent to the membership)			