Biography: Dr Jake Camp

Dr Jake Camp is a Senior Clinical Psychologist and Accredited DBT Therapist (SfDBT) in the National and Specialist CAMHS Dialectical Behaviour Therapy (DBT) Service at the Maudsley Hospital; Adjunct Senior Lecturer in the Department of Psychology at the Institute of Psychiatry, Psychology & Neuroscience (IoPPN), King's College London; and an NIHR Clinical Academic Fellow.

Their clinical, research, and service development work focuses on improving access to and outcomes of DBT for minoritised populations. Their work seeks to integrate scientific evidence with the wisdom of lived experience and examines minority stress, emotion regulation, traumatic and sociocultural invalidation, and the development of culturally responsive adaptations in DBT, with a particular focus on LGBTQ+ communities, neurodivergent populations, and broader equity, diversity, and inclusion within mental health services.

Jake is also a DBT Trainer with British Isles DBT Training and has contributed to the development, implementation, evaluation, and dissemination of DBT programmes across NHS services. They are the incoming Chair of the Board of Accreditation for the Society for DBT UK and Ireland, a member of the Society's Continuing Professional Development Committee, and serves on the Communications Committee of the World Dialectical Behaviour Therapy Association (WDBTA).

Jake is passionate about advancing evidence-based, culturally responsive DBT and supporting clinicians and services to better meet the needs of diverse communities.

Some recent publications include:

- Camp, J., Durante, G., Cooper, A., Smith, P., & Rimes, K. A. (2024). **Clinical outcomes for sexual and gender minority adolescents in a dialectical behaviour therapy programme**. *Behavioural and cognitive psychotherapy*, *52*(4), 337-355.

- Phillips, M. D., Parham, R., Hunt, K., & Camp, J. (2024). **Dialectical behaviour therapy outcomes for adolescents with autism spectrum conditions compared to**

those without: findings from a seven-year service evaluation. *Advances in Autism*, *10*(3), 185-199.

- Lei, J., Watkins-Muleba, B., Sobogun, I., Dixey, R., Bagnall, H., & Camp, J. (2024). **Exploring adolescents' experiences of talking about race, ethnicity and culture during dialectical behaviour therapy (DBT): a qualitative study using thematic analysis**. *The Cognitive Behaviour Therapist*, *17*, e8.

- Camp, J., Morris, A., Wilde, H., Smith, P., & Rimes, K. A. (2023). **Gender-and sexuality-minoritised adolescents in DBT: a reflexive thematic analysis of minority-specific treatment targets and experience**. *The Cognitive Behaviour Therapist*, *16*, e36.

- Camp, J. (2023). **Dialectical behaviour therapy for sexual minority populations.** In *Sexual minorities and mental health: Current perspectives and new directions* (pp. 271-302). Cham: Springer International Publishing