Society for DBT UK & Ireland (SfDBT)

Recognised Core Professions **(In alphabetical order)**

- **Art Therapists & Music Therapists -** HCPC (Health Care Professionals Council) Registered.
- **Behavioural Analysts -** Accredited with the BACB
- **Clinical Associate Psychologists** CAAPS,
  - Scotland & Wales only must be registered with the BPS Wider Psychological Workforce Register (BP WPW.) We require to be informed should a CAAP clinician cease to be on the BP WPW register.
  - From the 1st of September 2026 CAPS in England can be accepted for ordinary membership by the Society for DBT (and therefore eligible to apply for accreditation) if they have <u>both</u> of the following:
    1. A CAP qualification (from a course accredited by the British Psychological Society)
    2. Their DBT work is within a DBT team in an NHS-commissioned healthcare setting, overseen by the healthcare provider's clinical governance.
    <u>This path to SfDBT accreditation is available without requiring ongoing CAP registration with the BPS</u>. CAP is a unique profession whose training prepares people well for DBT training, but whose register in England excludes the delivery of therapy within CAP role. Those gaining DBT accreditation by this route in England should practice DBT under a separate job description and title, distinct from the registered CAP role.
- **Cognitive Behavioural Psychotherapist (CBP)** – must be accredited CBT therapists
- **Counselling:**
  - Registered or Accredited member of the British Association for Counselling and Psychotherapy (MBACP)
  - Accredited member of the Irish Association for Counselling and Psychotherapy (IACP)
  - Counselling and Psychotherapy in Scotland (COSCA) – Accredited register
  - Federation of Drug and Alcohol Professionals' National Counsellor Accreditation Certificate (FDAP NCAC)
  - National Counselling and Psychotherapy Society (previously National Counselling Society)-Accredited Professional Registrant (PNCPS Accred)
- **Medical -** Psychiatrist or General Practitioner-registered with MBChB, MBBS or GMC and usually PG training with membership of MRCGP, MRCP or MRCPsych
- **Nursing -** NMC (Nursing & Midwifery Council) Registered Mental Health Nurse or NMC Registered Learning Disability Nurse (General nursing and enrolled nursing is insufficient)

- **Occupational Therapy**
  - HCPC (Health Care Professionals Council) Registered GB and Northern Ireland.
  - CORU (Health and Social Care Professionals) Registered Southern Ireland
- **Psychology:**

- **Post Graduate Doctorate in Clinical/Counselling Psychology -** Registered as Practitioner Psychologist with HCPC (Health Care Professionals Council) England and Northern Ireland.
  Psychologists in Southern Ireland must be registered as Chartered Psychologist with the Psychological Society of Ireland (PSI) until they are able to register with CORU Clinical Psychologists Division/Counselling Psychologists Division (Health and Social Care Professionals) in 2027
- **Educational Psychology -** Registered as Practitioner Psychologist with HCPC (Health Care Professionals Council)
  Psychologists in Southern Ireland must be registered as Chartered Psychologist with the Psychological Society of Ireland (PSI) until they are able to register with CORU Educational Psychologists Division (Health and Social Care Professionals) in 2027
- **Health Psychology -** Registered as Practitioner Psychologist with HCPC (Health Care Professionals Council
  Psychologists in Southern Ireland must be registered as Chartered Psychologist with the Psychological Society of Ireland (PSI) until they are able to register with CORU Psychologists Division (Health and Social Care Professionals) but date not set as yet.
- **Forensic Psychology -** Registered as Practitioner Psychologist with HCPC (Health Care Professionals Council)
  Psychologists in Southern Ireland must be registered as Chartered Psychologist with the Psychological Society of Ireland (PSI) until they are able to register with CORU Psychologists Division (Health and Social Care Professionals) but date not set as yet.

- **Psychotherapy/Psychotherapeutic Counselling:**
  - United Kingdom Council for Psychotherapy (UKCP) Registered as Accredited.
  - Irish Forum for Psychoanalytic psychotherapy (IFPP) All registered are Accredited
  - Irish Association of Humanistic and Integrative Psychotherapy (IAHIP) All registered are Accredited.
- **Social Workers -** Registered with one of the four regulators:
  - Social Work England (SWE)
  - Social Care Wales (SCW)
  - Northern Ireland Social Care Council (NISCC)
  - Southern Ireland - CORU (Health and Social Care Professionals)
  - Scottish Social Services Council (SSSC)
  - **or** previously registered with HCPC (Health Care Professionals Council)